

Healing through Hope

A mental health newsletter from the Coastal Samaritan Counseling Center

Mental Health is the Bottom Line



On October 15th, the Coastal Samaritan Counseling Center hosted their fall fundraising luncheon. The theme of this fundraiser was "Mental Health is the Bottom Line". The purpose of this was to increase awareness of mental health in the workplace. The center hosted speakers in different segments to give insight to the importance of awareness in the workplace.

Mental Health is vital in the Mind, Body, Spirit, and Community.

It is important for managers and business owners to understand how to reduce the stigma within the workplace. CSCC took the opportunity to promote the StigmaZero program that will be offered to the community for each of the managers and business owners to take.

Mental Health Tip:

Surrounding yourself with positive people will influence positive mental health.



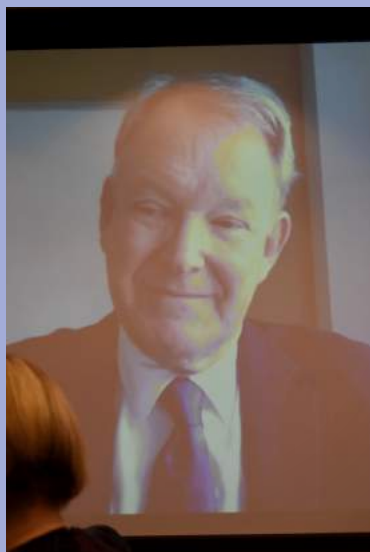
Meet J. Carlene Roberts

Carlene provides therapy services to adult individuals and couples. "My approach to counseling is relaxed, relational, and holistic - an integration of mind, body, and spirit."



Heart of the Samaritan Award

Congratulations to Robert Johnson, President of the Solithian Institute for receiving the Heart of the Samaritan Award at the fall fundraising luncheon.



Stigma Zero Program

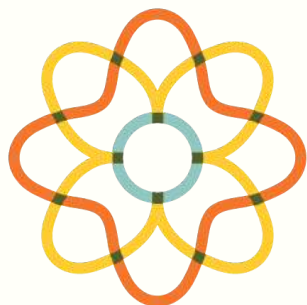
StigmaZero is a program designed to help business understand how to combat and handle mental health issues in the industry. It is designed to help break the stigma around mental health and equip those in leadership positions with the resources and knowledge they need to help in different situations.

Reduction of mental health issues in the workplace will enhance productivity and employee morale tremendously. This training course offers the knowledge needed to combat and help with the issues within their business. Knowing how to handle different situations and be supportive will make a difference in the workplace. This course is designed to help break the stigma on mental health and create a healthy work environment.

Contact: Philip Keilen
pkeilen@coastalsamaritan.org
843-448-4820

Reduce the Stigma of mental health in the Retail Industry

The retail industry has one of the highest ranks in employee mental health issues.



Flourish

Download Flourish Today!

www.flourishchange.org

Satellite Locations.

Loris Satellite Office
Loris United Methodist Church
3507 Broad Street
Loris, SC 29569,

Surfside Beach Satellite Office
Shepherd of the Sea
2637 US-17 BUS,
Murrells Inlet, SC 29576

Conway Satellite Office
Kingston Presbyterian Church
Educational Center
907 3rd Avenue
Conway, SC 29526

Little River Satellite Office
Little River United Methodist Church
1628 Highway 17
Little River, SC 29566

North Myrtle Beach Satellite Office
Ocean Drive Presbyterian Church
410 6th Avenue, South
North Myrtle Beach, SC 29582

Surfside Beach Satellite Office
Surfside United Methodist Church
800 13th Avenue North
Surfside Beach, SC 29587